

Energies and Chakras' Replenishment in Prevention and Treatment of Patients with Atypical Pap Cells Exam

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Abstract

Introduction: A pap smear exam is essential for the investigation of a woman's cervix health. The material collected can be used to inspect not only malignant or premalignant cell changes, mainly identifying HPV, linked to the formation of cervix cancer on Western medicine.

In traditional Chinese medicine (TCM) though, a tumor is a partial consequence of a systemic disease, which would make the atypical cellular results an indication of a much bigger picture, in this case, energy disharmonies causing the presentation of abnormal results.

The aim of this study: is to invite physicians to a holistic view of the human body, searching for the root of the problem, the true originators of illnesses.

Methods: Two clinical cases of female patients (38 and 42 year-olds) with a clinical history of atypical cellular results in a pap smear exam. Both patients were frightened at the possibility of cervical cancer and sought TCM based treatment. Radiesthesia procedure was done to evaluate the status of the energy in each of the five massive organs in TCM and represented in each chakras' energies centers. The result of this measurement was that all the chakras were in the lowest level of energy rated in one out of eight. The treatment consisted of Chinese dietary therapy, auricular acupuncture with apex ear bloodletting to balance the *Yin, Yang, Qi*, Blood energies, and clear the internal Heat. Also, it was used for the replenishment of the chakras' energies centers with highly diluted medications according to the theory created by the author entitled "*Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine.*"

Results: Both patients normalized their previously atypical cellular results within a few days of the TCM treatment.

Conclusion: The conclusion of this study is that the atypical cellular results in a pap smear exam can be normalized with a correction of the woman's body energies disturbances and using Chinese dietary counseling, auricular acupuncture, apex-ear bloodletting as a tool of TCM treatment for the correction of energies disturbances and replenishment of the chakras' energies deficiencies using highly diluted medications.

Keywords: Atypical Pap Smear; Energy; Diet; Acupuncture; Chakras; Traditional Chinese Medicine; Homeopathy; Hippocrates

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Introduction

This article is based on the thoughts of Hippocrates, the father of Medicine, who says that it is very important to take into consideration the oldest medicines before the medicine currently used [1].

Atypical glandular cells are defined as cells that demonstrate changes beyond those encountered in benign reactive processes, still are not sufficient for the diagnosis of adenocarcinoma [2].

Although these cells usually originate from the glandular epithelium of the endocervix or endometrium, they may originate from various locations such as salpinges, ovary, or other intraperitoneal organs [2].

In the literature, 9-38% of the women with atypical glandular cells have cervical intraepithelial neoplasia and 3-17% have invasive carcinomas [2].

According to TCM, malignant cells are produced naturally every day, but our own immune system eliminates these cells, so tumor is a partial consequence of a systemic disease, which would make the atypical cellular results an indication of a much bigger picture, in this case, energy disharmonies and deficiencies [3].

In TCM, atypical cells can grow in the human body when there are energies deficiencies and Heat retention [3].

Purpose

The purpose of this article is to demonstrate that patients with atypical pap smear in the cervical exam have energies deficiencies, including in the chakras' energies centers and the treatment and the correction of these energies disharmonies can lead to a cure of the process, according to Chinese medicine literature. The second purpose of the author is to demonstrate that atypical cellular changes are only



the reflection of a systemic process and not only localized disease.

Methods

To compile this article, the author searched for publications regarding this theme indexed in PubMed in Western and in traditional Chinese medicine reasoning. Also, it was used two cases reports to illustrate the history of patients with this diagnosis, and demonstrate how the author did this treatment that lead a cure of the process, without using any kind of medications recommended for the treatment of this pathology.

Case Report 1

The first case is a 38 years old female patient who came to the author's clinic after having an exam showing atypical cellular results in a pap smear exam.

The patient was frightened by the idea of cancer. In Chinese medicine, her diagnosis was *Yin*, *Yang*, *Qi* and Blood deficiencies and Heat retention.

Based on TCM reasoning, the author oriented her to take out of her diet all dairy products, avoid cold liquids, raw foods and sweets.

The patient also received orientations to avoid fried foods, chocolate, eggs, honey, coconut, melted cheese and alcoholic beverages.

And the last group of foods that the author orientates the patient to avoid were coffee, matte tea and soda.

Her treatment, besides the diet orientation also included auricular acupuncture with apex ear bloodletting procedure.

She was also submitted to the radiesthesia procedure to analyze the level of the patient's chakras' energies centers.

All the patient's chakras' energies centers were very much depleted, rating 1 out of 8.

The homeopathies and crystal based medications prescribed were done in this sequence showed below;

The homeopathies prescribed were: Sulphur 30CHXX-20 (single dose), Calcarea carbonica 30CHXX-20 (single dose), Silicea 30CHXX-20 (single dose), Natrum muriaticum 30CHXX-20 (single dose), Phosphorus 30CHXX-20. The homeopathies were prescribed to be taken in a single dose with a hiatus of three days between the medications, necessarily on the sequence described. Two months later, a new sequence of treatment was started, with the same medications taken on the same order, but now with 200CHXX-20 instead of 30 CHXX-20. Two months later, a new sequence of treatment was started, as the others, with the same medications taken on the same order, now with 1000CHXX-20 instead of 200CHXX-20.

Two months later, a new sequence of treatment was started, as the others, with the same medications taken on the same order, now with 10000CHXX-20 instead of 1000CHXX-20.

Two months later, a new sequence of treatment was started, as the others, with the same medications taken on the same order, now with 50000CHXX-20 instead of 10000CHXX-20.

Result Case Report 1

Within a few sessions of treatment, using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and replenishing the chakras' energies centers with highly diluted medications, showed in

the case report 1, the patient was able to normalize her exams, and the atypical cells disappeared completely in a period of one month of treatment.

Case Report 2

The second patient is a 42-year-old woman, a teacher, which in a pap smear exam was found atypical cells in the uterine cervix, in a routine exam. The treatment of her was the same of the first patient, Chinese dietary counseling, and auricular acupuncture with apex ear bloodletting.

After a few sessions, the patient already had an improvement in her clinical condition, disappearance completely the lesions in the cervical exams not showing any more the alterations in the pap smear exam. The physician measured the chakras' energies centers through the radiesthesia procedure and revealed that the patient had no energy in any of the chakras' energies centers, rated one out of eight, with the exception of the seventh chakra that was normal. It was prescribed for her treatment homeopathies according to the theory *Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine* and crystals-based medications to tone the chakras energies centers and treat the condition that was favoring the increase of premalignant cells in her body due to the deficiencies in energies, leading to the formation of internal Heat.

Discussion

The pap smear is a procedure usually recommended to be done in women for prevention of cervical cancer. The early detection by this exam gives the patient a greater chance of cure according to Western medicine [4].

Some physicians recommend the pap smear exam to begin at age 21 and repeated every three years for women ages from 21 to 65 years [4].

The recommendation of more frequent pap smear is indicated when the patient have some risk factors such as: previous precancerous detection in the pap smear, exposition to diethylstilbestrol before birth, HIV infection, weakened immune system (transplant, chemotherapy, chronic use of corticosteroids), history of smoking [4].

If the pap smear is abnormal, the physician may perform a procedure called colposcopy to exam the tissue of cervix, vagina, and vulva. It also usually done to take a biopsy from any area that appear abnormal to see what the definitive diagnosis could be [4].

According to traditional Chinese medicine, atypical cells in the cervical, is characterized primarily by a deficiency of the upper *Qi*, and there may be stagnation of the *Qi*, stasis of the Blood or Damp-Heat [5].

There may be underlying deficiencies involving the Liver and /or Kidneys, which may be a deficiency of *Qi*, *Yang*, Blood or *Yin* [5].

In addition, there may be pathogenic factors and particularly Dampness and / or Liver stagnation [5].

To better explain the reasoning, the author used to treat these two cases reports and all her patients, she will show you a history of one specific patient that she treated in 2006 and became the cornerstone of all her treatments [6-8].

This patient was a 70-year-old patient, who reported pain in the legs and was using anti-inflammatory medications for more than 6 months



with no improvement of his condition. He went to the author's clinic to search for another kind of treatment. His diagnoses in TCM was Kidney-*Yang* deficiency. He received treatment with Chinese dietary counseling, acupuncture and auricular acupuncture associated with apex ear bloodletting [6-8].

With the treatment done, the pain in the legs diminished and the patient was submitted to an interview 30 days after the treatment. In this interview, the patient revealed that his eye pressure had also lowered, as his ophthalmologist confirmed. During the treatment, he had not reported to be treating glaucoma in the last 40 years with no improvement of his condition. For the first time of his life, his intraocular pressure decreased from 40 mmHg to 17 mmHg [6-8].

This unusual case became the cornerstone of the author's studies in the field, trying to comprehend how the treatment focused on the root of the problem could treat different diseases and symptoms simultaneously and using the same methods [7,9-13].

To demonstrate the different perspectives between Western and traditional Chinese medicine, the author usually uses the metaphor of the tree, as you can see in the figure 1 [7,9-13].

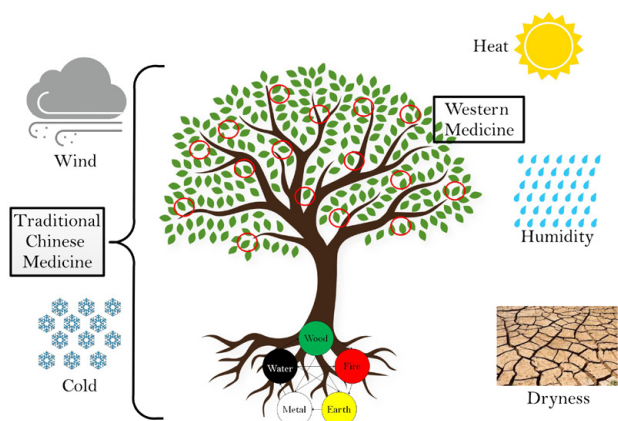


Figure 1: Schematic drawing of the tree showing the different perspectives between Western medicine and traditional Chinese medicine.

In this tree, you can see the root, trunk and several branches. Coming out of each of these branches, many leaves. In this representation, each medical specialty is represented by each branch, and the leaves coming out of each branch represent the symptoms and diseases treated by each medical specialty [7,9-13].

The diagnosis and treatments of Western medicine is focused on the leaves level; therefore, the treatment is focused on the patient's tumor [7,9-13].

On the root of this tree, there are energies that gives support to the entire tree. These energies are represented by the Five Elements theory and *Yin* and *Yang*. Energy in TCM is representing our immune system if the person has energy in a normal level, the immune system will work against the formation of malignant cells that are formed every day by our body but though the immune system or energy, these cells are normally eliminated don not allowing the manifestation of disease [3].

When the person does not have any energy, the immune system cannot fight against the formation of these atypical cells and the chance of transforming in cancer is increased [3].

In traditional Chinese medicine, various symptoms of different

specialties can be treated at the same time, as observed in the glaucoma patient the author mentioned that she did not know about his glaucoma condition but the intra-ocular pressure decreased even the doctor was not aware that the patient had such disease [7,9-13].

To be healthy, we aim for a state of equilibrium between *Yin* and *Yang* energies (Figure 2). If there are imbalances between these two energies, symptoms occur, and if not properly treated, it consolidates the disease in the future; in this case, atypical cells in the pap smear [4,7,9-13].



Figure 2: *Yin* and *Yang* symbol.

Yin and *Yang* are energy forces that rule the world. Everything in the universe is composed of *Yin* and *Yang*, including our human bodies. The symmetrical arrangement of the dark *Yin* and the light *Yang* is not static, as we can see in the symbol. It is a rotational symmetry that suggests a continuous cyclic movement [7,9-13].

Specifically, *Yin-Yang* imbalance and disequilibrium occurs in tumor patients, the weakness of *Yang* is universal in patients, which suggests blockage of the normal energy metabolism, diminished or even stagnant energy status [3].

From the perspective of traditional Chinese medicine, cancer is the manifestation of an underlying imbalance of *Yin*, *Yang*, *Qi* and Blood, and a tumor is the uppermost branch of the illness, but not the root [3].

The imbalance between these four energies will lead to a fifth imbalance, which is the formation of internal Heat [3,6,7,9,12].

The patient who has internal Heat manifested clinically as bad breath, bleeding gums, red skin lesions acne like, abdominal pain, microscopic hematuria, may be an indirect indication of clinical predisposition for cancer development in the future - or the patient may already have it, as this may be a clinical indication that the patient is deficient in energy, which in TCM is the cause of cancer formation [3].

Compared to Western medicine, Chinese medicine consider the root cause of tumorigenesis is a decline of the immunity due to energy deficiency - which all case studies presented today had in common: the complete lack of energy in the chakras measured by radiesthesia [3].

To diagnose the energy imbalances, the author usually asks to her patients several strategically questions. They are:

- Blood deficiency - does not have a bowel movement every day
- Yin* deficiency - hot flashes; night sweating.
- Yang* deficiency - cold at the extremities.



Qi deficiency - daytime sweating.

Heat retention - dry mouth; bad breath; gingivitis and bleeding gum; dermatitis on the skin with redness, pimples, etc...; itchiness; abdominal pain; microscopic hematuria [6,7, 13].

Besides *Yin* and *Yang*, there is another theory that is also the base of traditional Chinese medicine teachings, which is the Five Elements theory. The elements are Wood, Fire, Earth, Metal and Water. This theory states that in the human body, each of these elements represents an internal massive organ, and each organ is responsible for an external sensory organ [14].

Each of these internal organs are the source of energy for their functioning, as well as their corresponding external sensorial organs. This system of energy is interlinked, and the influence of one element or one organ on the others is dynamic, not fixed or isolated [7,9-13].

The Wood element corresponds to the Liver, and has the eye as its external sensory organ, being responsible for vision; The Fire element corresponds to the Heart, and represents the tongue, and subsequently language; The Earth element corresponds to the Spleen, representing the mouth, and is responsible for taste; The Metal element corresponds to the Lungs, represents the nose, and is responsible for the sense of smell and the Water element corresponds to the Kidney, representing the ears and is responsible for hearing [14].

The reason the author is explaining all this is so that you can understand that all internal organs according to TCM are interconnected, and the deficiency of one organ can cause the deficiency of other organs, according to the generation cycle and control cycle of the 5 elements, shown in the Figure 3 [14].

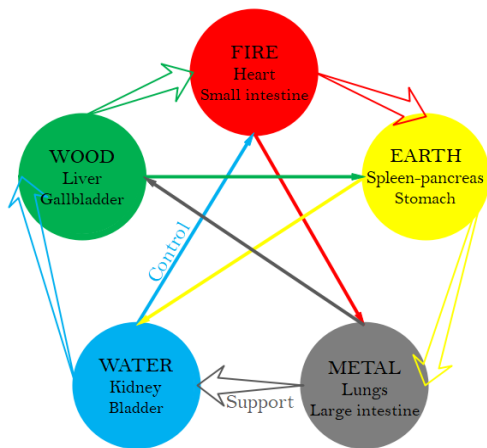


Figure 3: Generation cycle and control cycle.

In the article *“The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use”* written by Christopher R Chase, he associates the Five Elements theory with the chakras' energies meridians. To compile this article and using this association explained by Christopher, the author measured the energy of the internal organs of the Five Elements using radiesthesia procedure [14,15].

This topic is the main reason for this article, because according to TCM, energies deficiencies are responsible for the formation of malignant cells and the formation of tumors. The author found that the chakras' energies centers were without energy - which actually corresponds to the lack of energy of the organs in TCM. The author

starts to recharge these patients' energies, and using these reasoning, the patients were less likely to develop cancer; because the energy corresponding to your immune system will be working against the formation of malignant cells [3,14,15].

In this table 1, you can see the 5 phases of progression from health to disease. The first three phases the patient has symptoms but the laboratorial exams appear normal. In these first three phases, the patient has symptoms due to the energy's alterations, but the laboratorial exams are still normal. On the phase 4 the patient has alterations in exams and the disease are curable, but in phase 5 the disease, theoretically, is incurable. The cancer is on the phase 5 and in Western medicine the cancer does not come back to phase 4 or 3, but in this article, the author is demonstrating that is possible to back to phases 3, after reaching the phase 5. These patients reported in this article had atypical cells in the cervix and they went from phase 5 to phase 3, after a month of treatment, and every atypical cells disappeared completely [3,14,15].

In addition to all the guidelines made by Western medicine, this

Table 1: Progression from health to disease.

Phase	Organ	Exams	Energy Reserve	Symptom
1	Slowing down of organ functions	Normal	Normal	Without critical symptoms
2	Slowing down of organ functions	Normal	Consumption of internal energy reserves	With Symptoms in other organ
3	Slowing down of organ functions	Normal	Consumption of external energy reserves	With Symptoms in same organ
4	Reversible cellular lesion	Little alterations	Consumption of blood reserves	Curable disease
5	Irreversible cellular lesion	Excessive alteration	Metabolic exhaustion	Incurable disease

article shows that patients with atypical cells or cancer is not the last stage and that we can make the patient return to the previous stages by removing the internal Heat through the apex ear bloodletting, correcting the feeding through the Chinese dietary counseling to keep everything in balance, in addition to rebalancing the *Yin*, *Yang*, *Qi* and Blood energies through acupuncture, auricular acupuncture associating with apex ear bloodletting and restoring the energy of the chakras through of homeopathies according to the theory *“Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine”* and crystals based medications [3,7,11,13,14].

In traditional Chinese medicine usually used Chinese herbs to replenish the chakras' energies, but in Brazil are difficult to find these Chinese herbs, so the author developed and published a new theory using homeopathy medications thought traditional Chinese medicine reasoning entitled *“Constitutional Homeopathy of Five Elements based on Traditional Chinese Medicine”* to facilitate the replenishment of the chakra's energies [14].

Radiesthesia is the science of using the vibrational fields of the human body to access information about other objects of animate or inanimate nature by establishing resonance with their energy fields, using specially calibrated instruments and a scale of qualitative measurement to decode this information [7,9-13,16].

The radiesthesia method was used with a crystal pendulum in front of each chakra. Depending on the movement of the crystal, clockwise, or counter-clockwise or the crystal's rotation amplitude, it is possible to evaluate the amount of energy that each chakra presents [7,9-12,16].

The author did a research in her clinic studying the chakras' energies of a thousand patients during the period of 2015 to 2020,



through the radiesthesia procedure, and she was able to analyze 409 medical records [7,9-13].

She revealed that more than 90 percent of the patients of her clinic were in the lowest level of energy, independently of Western medicine diagnosis, as you can see in the Table 2 [7,9-13].

Table 2: Results of chakras' energies measurement from 2015 to 2020.

Chakras	Ages	2-19	20-59	60-79
7		8	8	8
6		1	1	1
5		1	1	1
4		1	1	1
3		1	1	1
2		1	1	1
1		1	1	1
Total of patients		26	170	86
Main Western diagnoses		Anxiety Depression	Anxiety Headache	Anxiety Knee pain
Main Oriental diagnoses		Yin / Blood	Yin / Yang	Yin / Internal Heat
		Yin / Yang / Internal Heat		

This may explain the difficulty of our immune system in fighting the pathogens and atypical cells that our body produces [7,9-13].

In this article, the reason why the author used to treat these two case report patients only with highly diluted medication were to minimize the use of highly concentrated medication as much as possible according to Arndt Schultz's Law principle, as you can see in the Figure 4 [17].

According to this law, the use of highly concentrated medication leads to a deficiency of vital energy, which in these two cases report patients were already very low. The use of highly diluted drugs is

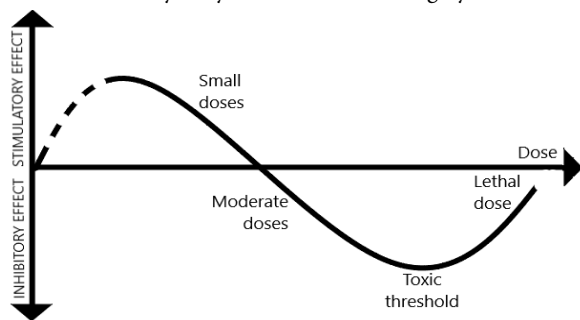


Figure 4: Arndt Schultz's Law.

highly recommended in these kinds of patients, such as homeopathy medication, as it improves their vital energy; thus, improving their immunity, leading to the reduction or less formation of tumor processes by itself [3,17-19].

In this article, the author is proposing the need to an integration of the teachings of traditional Chinese medicine with Western medicine as you can see in the metaphor of *Yin* and *Yang* of Western medicine and traditional Chinese medicine, shown in the Figure 5 in the treatment of patients with atypical pap smear exam. Since the treatment of energy

imbalance and replenishing the chakras' energies deficiencies are very important to recover the health again and combat the premalignant cells using the patient's own energy without need to take other kinds of medications (such as highly concentrated medications) that could harm even more the energy of the patient and leading to a worsening of the energy instead of improving [7,9-13].

As states by Hippocrates, natural forces within us are the true healers of the disease [1].



Figure 5: Metaphor of *Yin* and *Yang* of Western and traditional Chinese medicine.

Conclusion

The conclusion of this study is that patients with atypical cellular results in a pap smear exam can be treated and normalizing the exam correcting the woman's body energies disturbances of *Yin*, *Yang*, *Qi*, Blood and taking out the Heat retention, using Chinese dietary counseling, auricular acupuncture, apex-ear bloodletting and replenishing the chakras' energies centers with highly diluted medications such as homeopathic medications.

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